

## Birding tour Qinghai – Xinjiang – Tibet

4<sup>th</sup> -25<sup>th</sup> July 2019

Tour leader: Summer Wong ( Wang Wenjuan )

Participants: Christel Van Asselberghs, Kathleen De Coninck, Mark Van Beirs, Peter Boesman



**Roborowski's Rosefinch © Summer Wong**

Day 1 July 4<sup>th</sup>: Today was a traveling day. Christel, Kathleen, Mark and Peter, four Belgians, arrived in Chengdu in the afternoon with a direct flight from Europe. The goal was however to reach the city of Xining this same day, and that required another train and plane. It was about midnight when we finally arrived at our hotel in Xining in a coach that would be our vehicle for the coming weeks.

Day 2 July 5<sup>th</sup>: After a short but comfortable night, we started early and headed for the dry mountains near Xining. We quickly started noting the first (commoner) birds of the trip, **Common Swifts** screaming in the valleys, (native!) **Common Pheasants** calling from nearby, (recently split) **Black-rumped Magpies** chattering along the sandy road and plenty of **Red-billed Choughs** echoing seemingly from everywhere. But we had a single main target in mind, and our second stop was already success: **Pale Rosefinch** ! A male and female of this species, restricted to a few arid mountain chains, showed nicely in the scope. Time for breakfast! With a cup of coffee or tea in our hands we continued noting more species: **Godlewski's Buntings** were starting to sing from several places, from the other side of the valley a **Przevalski's Partridge** was calling, two **Eurasian Eagle-Owls** showed nicely, and a **Plain Laughingthrush** sang briefly. After a little longer in the area we headed back (only stopping briefly for a **Meadow Bunting**) and started the drive to more forested areas. It was about 10 o'clock when we made a stop at a place called Dongxia forest. **Siberian Rubythroat** was singing loudly but played hard to see. A distant high-pitched stuttering song however soon caught our attention and a few minutes later, we saw our first of many **Gansu Leaf-warblers**, a very range-restricted species. Walking through the pine forest, we picked up several more species such as

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**Yellow-streaked Warbler, Chestnut Thrush, Sichuan Tit** etc... A bathing **Przevalski's Nuthatch** showed at very close range, and a bit later two **Chinese Nuthatches** also appeared. With most targets seen, we traced back to the car and headed for a late lunch. The afternoon drive took us to the Beishan National forest park, an extensive forested hilly area. A few late afternoon stops produced a couple of more species, but obviously we would see more of these tomorrow.

Day 3 July 6<sup>th</sup>: Again an early start, as we wanted to be early at a high pass in the park. Birds were already singing in chorus, and soon we also heard **Blue Eared-pheasants**. It didn't take long before a family party showed itself at close range, what a beauties! Then suddenly, from a distant hill side, **Verreaux's Monal-Partridge** was calling. Chances to see the birds seemed slim, but unbelievably, a few minutes later three birds walked into view in the scope! Smiling faces, a hot cup of coffee (it was quite cold up there in early morning) and now we could focus on the smaller birds: **Alpine Leaf Warbler, Spotted Bush Warbler, Chinese White-browed Finch, Himalayan beautiful Rosefinch, Rufous-breasted Accentor, White-browed Tit-warbler, Elliot's Laughingthrush**, etc. The sun was gradually rising, and unexpectedly even several **Streaked Rosefinches** were singing. In a lower valley with a streaming river **White-capped Redstart** was hardly a surprise, in the mixed forest we also found **Greenish Warbler, White-winged Grosbeak** while high in the sky presumed **Salim Ali's Swifts** were frequently passing by. By now, it was becoming quite hot and we decided to take a lunch and a brief rest. Full of energy now, we started our afternoon walk into a beautiful forested valley with plenty of birds. We got excellent views of many species we had seen in the last 24 hours, but also others such as **Grey-headed Bullfinch, Grey-backed Shrike, White-bellied Redstart** etc. Along a narrow trail we flushed a **Chinese Grouse!** Time for this lucky group to head back for a nice dinner.

Day 4 July 7<sup>th</sup>: Today, we had another morning in the beautiful park to search for a few more species which were unlikely to be seen further on the tour. **Chinese Leaf Warbler** was singing loudly, **Blue Eared-pheasants** were calling from their roost and later also **Slaty-backed Flycatcher** and **Himalayan Blue-tail** showed nicely. **Black Woodpeckers** seemed common, another **Chinese Grouse!**. The forest clearly held a great diversity of species. But now we had to move on. Kathleen has a life-long interest in Chinese Culture, so we made a detour towards Ta'er Temple south of Xining, for a cultural intermezzo. And then we started the long drive to Chaka, our final destination for today.

Day 5 July 8<sup>th</sup>: This morning, we drove to an area for the range-restricted Ala Shan Redstart. In a beautiful setting we walked along the mountain slopes, but it seemed like all territories were occupied by either **Blue-fronted Redstart, White-throated Redstart** or **Black Redstart** ! We finally had to give up, but fortunately there was a second chance in another valley. It was another long walk (with great views of **Przevalski's Partridge, Ground Tits** and **Pine Bunting** along the way) before we got into appropriate habitat, and then suddenly the group got excited! It took a while, but at the end everyone got excellent views of a nice singing male. Mark was very happy as it was one of the species he had on his wish list (being rather short, having seen already 9200+). Another excellent dinner finished our first day on the plateau.

Day 6 July 9<sup>th</sup>: The mountains around Chaka have many nice little valleys, and this morning we tried another one. In the distance **Tibetan Snowcock** was calling, but it never showed. **Przevalski's Partridges** however were soon spotted along the rocky hills, together with a variety of passerines. Later we went to a small water well which started to attract birds as temperature was quickly rising. Best observation was **Mongolian Finch**, and also **Mongolian Lark** showed well in the dry plains. In the afternoon we headed for the desert habitat around the Chaka salt lake. Soon we started seeing **Blanford's Snowfinches**, and after some more patience also **Henderson's Ground Jay** appeared! There was one final target for today: Pallas's Sandgrouse. The group started walking through the vast plains with sparse vegetation. Peter (having a prosthetic leg) chose a vantage point to scan. Several hours and miles later, hands were in the air from both sides: the group had flushed a single bird at close range while Peter had seen a calling couple of birds flying by. The end of another successful day.

Day 7 July 10<sup>th</sup>: We left Chaka early for a region of wetter mountains in Heimaha. It was only a short hike towards a scrubby patch on a green hill-side. One of the first birds we saw was the reason we were here: a

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beautiful male **Pink-tailed or Przevalski's Rosefinch** showed extremely well. Recently placed in a separate family, Mark could say once again he had seen members of all bird families! Meanwhile, **Rosy Pipits** were singing and displaying, **Kessler's Thrushes** were flying around, a **Robin Accentor** showed very well, and then we focussed on the Leaf Warblers. After plenty of Alpine Leaf Warblers, we finally put our eyes on a couple of **Smoky Warblers** of the subspecies *weigoldi*. Very satisfied, we walked down the slope, bumping on a few **Rufous-necked Snowfinches** at close range. After breakfast, we drove down towards the huge Koko Nor lake. At the lake borders, some wet pastures had plenty of birds. **Tibetan Lark** was singing its beautiful song, our first **White-rumped Snowfinches** of the trip appeared, and there was also a nice set of waterbirds including **Pallas' Gull**. We made several more stops along the lake while driving east. In more sandy habitat we connected with **Hume's Lark** and **Pere David's Snowfinch**, while in marshy habitat we found **Bearded Reedlings**.

We left the lake area and drove towards Gonghe. A late afternoon stroll was halted abruptly when dark clouds gathered above us and suddenly it started pouring rain. Time for dinner!

Day 8 July 11<sup>th</sup>: We had a very early start as we were heading for the high Er La pass. Due to the sudden weather change of last night, we arrived at the pass covered under a thick layer of snow. Finding the specialties under these circumstances seemed like quite a task, but one by one we got great views of **Brandt's Mountain Finch**, **Plain Mountain Finch**, **Tibetan Snowfinch**, **Güldenstädt's Redstart**, and finally also **Tibetan or Roborowski's Rosefinch** ! The weather had improved, the snow had disappeared and we were thoroughly enjoying this impressive high-altitude landscape. In the afternoon we continued our journey through this vast beautiful landscape, stopping now and then for **Saker Falcon** and **Upland Buzzard**. Attractive marshes seemed to be rather void of birds at this altitude, but then our driver suddenly stopped: a beautiful pair of **Black-necked Cranes** was standing close to the road. And then they even started trumpeting loudly, much to the excitement of Peter (a prolific bird sound recordist, listen to his recording [here](#)). The sun was already low at the horizon when we arrived in Maduo, a small village where we were staying for the night.

Day 9 July 12<sup>th</sup>: Today was mainly a driving day, but obviously in this beautiful landscape we made quite a few stops as well. Just at the entrance of Yushu, we found quite surprisingly a pair of **Ibisbills** with a juvenile. Further on, a stop at a stake-out produced **Black-winged Snowfinch** and **Great Rosefinch**. Not bad for a traveling day! We finally arrived at Nangqian and enjoyed a great dinner once more.

Day 10 July 13<sup>th</sup>: At first light, we were at Kanda Shan pass. It was still misty, but **Tibetan Bunting** was already singing! Soon we had great views at close range of this rare species. Next we saw several **Red-fronted Rosefinches**, while **Olive-backed Pipit** was singing. We slowly walked down and the bird list steadily grew: **Tibetan Partridge**, **Hill Pigeon**, **Grey-backed Shrike**, calling **Szechenyi's Monal-partridge**, **Chinese Rubythroat** etc. A bit further down we had our first **White Eared Pheasants**, while in flatter areas we counted more **Ibisbills**. After the midday heat, we explored a slightly drier valley lower down. Partridges and Pheasants at close range excited the photographers among us, but it was a pair of **Tibetan Babax** that was the star of the afternoon.

Day 11 July 14<sup>th</sup>: The weather forecast didn't look good for today, and we were prepared for quite some rain as Bei Zha forest promised to be quite wet. Sure, things were much slower today, but after some effort we got nice views of **Szechenyi's Monal-partridge**. We focussed on the few specialties which we hadn't seen yesterday, and gradually all went well: **Daurian Jackdaw** and **Giant Laughingthrush** soon appeared. Suddenly, a group of Blue Sheep screamed in panic, Kathleen had seen a big cat jumped onto the Blue Sheep group. Everyone in the group had seen just a part of the animal, and when putting everything together, it looked like it may well have been a **Snow Leopard**! Later, we went back to 'smaller stuff' and also found **Sichuan Leaf Warbler** and **Grey Crested Tit**. In the forest we also got one **Alpine Musk Deer** and one **Chinese Serow**, both very good view on the slope. We closed our umbrella's, called it a day and enjoyed a delicious dinner...

Day 12 July 15<sup>th</sup>: Today we left this far south-eastern corner of Qinghai, and drove back to Yushu, from where we now headed westwards. A beautiful marsh with several cranes, ducks and waders was a nice

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roadstop. A bit further, two **Lammergeiers** were just sitting next to the road! We lost count of all **Saker Falcons** and **Upland Buzzards**, and snowfinches were at every stop. We had noticed last couple of days many places having summer time party tents. Christel, always eager to experience something new, was curious to see what was happening there. We had some spare time today, and before long the ladies were part of a 'pull the rope' team participating in Tibetan games! With these new experiences still in our mind we arrived in Qumalai for the night.

Day 13 July 16<sup>th</sup>: Today, the plan was to drive leisurely through the Tibetan plateau up to the tiny settlement of Budongquan. We enjoyed the landscape, called out mammals all the time (**Tibetan Antelope, Qiang, Tibetan Gazelle, Tibetan Fox, Woolly Hare** ) and made a stop now and then. **Lesser Sand Plover** was quite common at a place, seemingly gathering after breeding. Reaching almost our place for tonight, we started our search for Tibetan Sandgrouse. Despite walking for miles, no trace of them however. After a dinner, surprisingly tasty in this shaggy settlement at the junction of two main roads, we went to sleep. Quite basic for a change!

Day 14 July 17<sup>th</sup>: At first light, we were back at the 'Tibetan Sandgrouse place' (having seen quite a few mammals while still dark). We walked for miles and miles, but to no avail, it seemed like Tibetan Sandgrouse was simply not here right now. The only consolation was an encounter with a Wolf. It was time to move on, and we headed towards Golmud. A bit before reaching town, we made a stop in desert-like habitat. Along the river, an irrigated patch had more trees, and there we quickly found several **Desert Whitethroats (Lesser Whitethroat)**. There was even a *Phylloscopus* which – being silent- we assumed to be Siberian Chiffchaff. We reached Golmud quite early, did some shopping and enjoyed the comfort of a nice hotel.

Day 15 July 18<sup>th</sup>: Today was the start of our extension towards Xinjiang. Given it is a very long drive with multiple checkpoints, we decided to split the journey in two. There was no need to leave very early, so for a change we didn't leave in full darkness. A few stops along the road produced more **Henderson's Ground Jays, Desert Wheatear, Desert Whitethroats, Asian Short-toed Lark** etc. We arrived at Huatugou in late afternoon, and checked out the sewage ponds. Besides a few **Citrine Wagtails** there wasn't much of notice.

Day 16 July 19<sup>th</sup>: It was only an hour drive before we reached the Xingjiang border. Few foreigners come here, so manuals with procedures were consulted at the checkpoints... A little further, Ground Jays along the road caused a second of panic, but it seemed these were still Henderson's... We arrived around noon in Ruoqiang. We had dropped significantly in elevation and it was thus really hot in this desert town. In late afternoon, we drove north out of town. Quite surprisingly, despite being a very arid region, there were plenty of marshes full of waterbirds. We only gave them a brief look however, as our real target was in drier habitat. Where it looked like a suitable place, we stopped and started walking into the sandy habitat dotted with shrubs. In the subsequent hours, we observed several times **Biddulph's Ground Jay**, and were surprised how different it was structurally from Henderson's. Very satisfied we drove back and it was dark when we arrived back in town.

Day 17 July 20<sup>th</sup>: At first light we were in the irrigated farmland surrounding Ruoqiang. **Tarim Babbler** was one of the first birds awake, followed by **Saxaul Sparrow, Isabelline Shrike, Barred Warbler**, etc. After a few hours of pleasant birding we started our drive back east, and again stopped for the night in Huatugou.

Day 18 July 21<sup>st</sup>: We decided to check once more the sewage ponds. Again little to see, but we were quite surprised to find a calling Hume's Leaf Warbler (which, based on call, proved to be of the subspecies *humei*), presumably a true vagrant here ! After breakfast, we were on the road again towards Golmud. We arrived well in time, the plan being to take the night train to Lhasa. Plenty of time for shopping, dinner, saying goodbye to our driver and then boarding our train.

Day 19 July 22<sup>nd</sup>: From our sleeping wagon we woke up while crossing once more extremely beautiful landscape. The scenery and this experience was just fantastic. Around noon we arrived in Lhasa. Another van with driver and guide awaited us, and brought us to the hotel in centre of town. In the afternoon, we

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visited the Summer Palace garden, and after some searching we found a single **Lord Derby's Parakeet**. The day ended with a stroll through the town centre and another excellent dinner.

Day 20 July 23<sup>rd</sup>: Today, we had multiple programs for a change. Some visited the Potala Palace in the morning, others went for another visit to the Summer Palace garden (seeing plenty more **Lord Derby's Parakeets**, **Brown-cheeked Laughingthrush**, **Tibetan Blackbird** and a young Common Cuckoo being fed by two Grey-backed Shrikes!). In the afternoon, Mark, Peter and Summer went to a monastery in the mountains south of Lhasa searching for more birds. Best of that afternoon was undoubtedly a group of confiding **Tibetan Eared-pheasants** allowing close approach and providing plenty of photographic opportunities.

Day 21 July 24<sup>th</sup>: Today we went back all of us to the monastery road. The monastery is located in a beautiful forested valley which is reached by a narrow quiet road, ideal for birding! The weather was excellent, and birds were singing everywhere. New where **Pink-rumped Rosefinch**, **Giant Babax**, **Wallcreeper** amongst others. Afterwards, we drove along the Lhasa river and scanned several places, producing a few more species for the trip list such as **Common Merganser**. And with these last additions, the trip was also coming to an end...

Day 22 July 25<sup>th</sup>: We left very early to Lhasa airport for our flight to Chengdu. In Chengdu, it was time to say goodbye. It really had been a fantastic three weeks !!



**Xining Yaozigou forest**

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### **Mammal list on 4th July - 25th July 2019 tour:**

**Himalayan Marmot** / *Marmota himalayana* : common on Tibetan plateau

**Plateau Pika** / *Ochotona curzoniae* : common on Tibetan plateau

**Glover's Pika** / *Ochotona gloveri* : a few individuals were spotted in Kandashan and Nangqian Baizha forest

**Woolly Hare** / *Lepus oiostolus* : common on Tibetan Plateau and mountains

**Tibetan Fox** / *Vulpes ferrilata* : a few individuals were spotted on the way from Yushu to Budongquan

**Wolf** / *Canis lupes* : one was spotted in distance on the Tibetan Sandgrouse area in Budongquan

**Kiang** / *Equus hemionus* : common on the plateau

**Alpine Musk Deer** / *Moschus chrysogaster* : one in Nangqian Baizha forest

**Tibetan Gazelle** / *Procapra picticaudata* : common on the plateau

**Goitered Gazelle** / *Gazella subgutturosa* : one in Chaka area

**Tibetan Antelope** / *Pantholops hadgsonii* : quite a few groups were spotted on the way from Qumalai to Budongquan

**Blue Sheep** / *Pseudois nayaur* : one group in Chaka mountain area, a few groups in Nangqian Baizha forest

**Chinese Serow** / *Capricornis milneedwardsii* : one in Nangqian Baizha forest

**Snow Leopard** / *Panthera uncia* : one in Nangqian Baizha forest

**Chinese Scrub Vole** ( Irene's Mountain Vole ) / *Neodon irene* : a group in Er La mountain



**Nangqian Baizha forest**

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**Top to Bottom, Left to Right : Eurasian Eagle Owl, Przevalski's Nuthatch, Pale Rosefinches in pair, Yellow-streaked Warbler, Gansu Leaf Warbler juvenile © Summer Wong**

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**Top to Bottom, Left to Right : White-browed Tit Warbler, Siberian Rubythroat, Blue-eared Pheasant parents with two chicks, Spotted Bush Warbler, Sichuan Tit © Summer Wong**



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**Top to Bottom, Left to Right : Eurasian Jay, Chestnut Thrush, Przevalski's Partridge, White-winged Grosbeak, Godlewski's Bunting © Summer Wong**

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**Top to Bottom, Left to Right : Mongolian Lark, Henderson's Ground Jay, Przevalski's Finch, Alpine Leaf Warbler, Smoky Warbler © Summer Wong**

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**Top to Bottom, Left to Right : Tibetan Lark, Rufous-necked Snowfinch, Horned Lark, Robin Accentor, Hume's Lark, Pere David's Snowfinch © Summer Wong**

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**Top to Bottom, Left to Right : White-winged Snowfinch ( Henry's Snowfinch ), Brand's Mountain Finch, Tibetan Rosefinch male, Tibetan Snowfinch ( Black-winged Snowfinch ), Tibetan Rosefinch female © Summer Wong**

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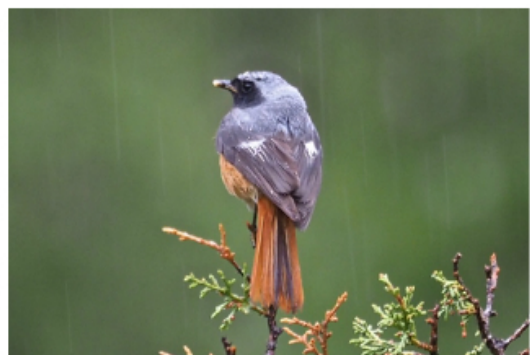
**Top to Bottom, Left to Right : Tibetan Partridge, Tibetan Babax, Great Rosefinch, Streaked Rosefinch, White-eared Pheasants with chicks © Summer Wong**

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**Top to Bottom, Left to Right : Bearded Vulture, Tibetan Bunting, Ground Tit, Lesser Sand Plover © Summer Wong**

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Top to Bottom, Left to Right : Ibisbill, Black-necked Crane, Szechenyi's Monal-Partridge, Hodgson's Redstart © Summer Wong

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**Top to Bottom, Left to Right : Biddulph's Ground Jay, Tarim Babbler, Desert Whitethroat ( Lesser Whitethroat ), Tarim Babbler © Summer Wong**



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**Top to Bottom, Left to Right : Lord Derby's Parakeet male and female, Tibetan-eared Pheasant adult and juvenile, Brown-cheeked Laughingthrush, Giant Laughingthrush © Summer Wong**

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**Top to Bottom, Left to Right : Tibetan Antelope, Woolly Hare, Himalayan Marmot, Goitered Gazelle ©  
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**Top to Bottom, Left to Right : Tibetan Antelope, Alpine Musk Deer, Kiang, Tibetan Fox © Summer Wong**

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**Top to Bottom, Left to Right : Blue Sheep, Tibetan Gazelle, Glover's Pika, Chinese Scrub Vole  
( Irene's Mountain Vole ) © Summer Wong**

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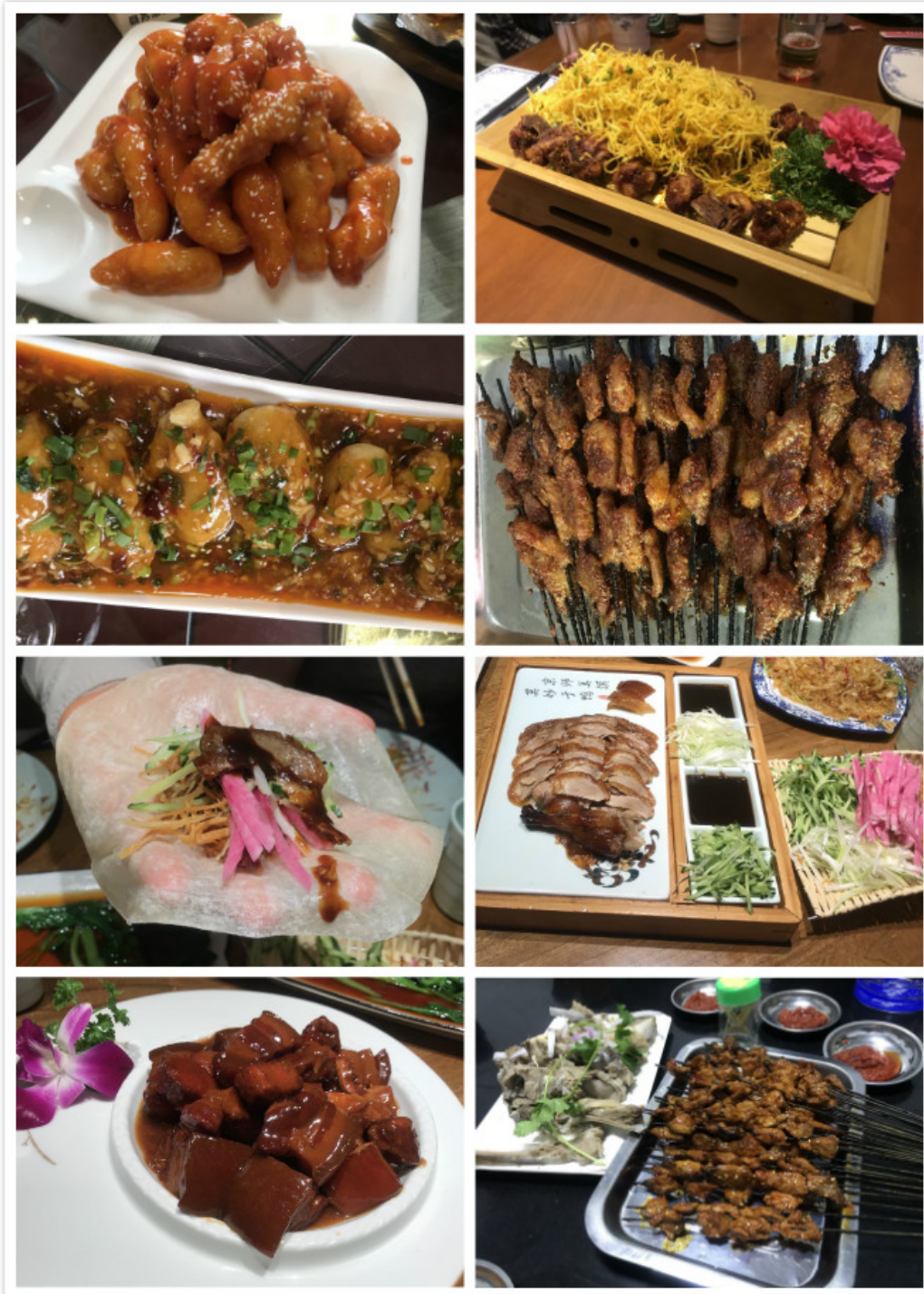


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**Summer Wong Bird Tours Qinghai Xinjiang Tibet birding tour species list 4th -25th July 2019**

Common name	Scientific name	Location	Date	Notes	Nun
<b>Pheasants &amp; Allies (Phasianidae) - 12 / 184</b>					
Chinese Grouse	<i>Tetraastes sewerzowi</i>	Huzhu Beishan, Qinghai, China	7/6/19		1
		Huzhu Beishan, Qinghai, China	7/7/19		1
Verreaux's Monal-Partridge	<i>Tetraophasis obscurus</i>	Huzhu Beishan, Qinghai, China	7/6/19	3 on the slope	3
Szechenyi's Monal-Partridge	<i>Tetraophasis szechenyii</i>	Nangqian, Qinghai, China	7/13/19	HO	1
		Nangqian, Qinghai, China	7/14/19	2 adults 2 young ones	4
Himalayan Snowcock	<i>Tetraogallus himalayensis</i>	Chaka, Qinghai, China	7/9/19	HO	1
Tibetan Snowcock	<i>Tetraogallus tibetanus</i>	Nangqian, Qinghai, China	7/13/19	HO	1
Przevalski's Partridge	<i>Alectoris magna</i>	Xining, Qinghai, China	7/5/19	HO	1
		Chaka, Qinghai, China	7/8/19		1
		Chaka, Qinghai, China	7/9/19		4
Daurian Partridge	<i>Perdix dauurica</i>	Xining, Qinghai, China	7/5/19	HO	1
Tibetan Partridge	<i>Perdix hodgsoniae</i>	Nangqian, Qinghai, China	7/13/19		3
		Lhasa, Xizang, China	7/24/19		3
White Eared Pheasant	<i>Crossoptilon crossoptilon</i>	Nangqian, Qinghai, China	7/13/19	2 sightings:12 adults, 4 chicks, 2 adults	18
		Nangqian, Qinghai, China	7/14/19	HO	2
Tibetan Eared Pheasant	<i>Crossoptilon harmani</i>	Lhasa, Xizang, China	7/23/19		22
		Lhasa, Xizang, China	7/24/19		25
Blue Eared Pheasant	<i>Crossoptilon auritum</i>	Huzhu Beishan, Qinghai, China	7/6/19	6 adults 4 chicks, 3 adults 3 chicks	16
		Huzhu Beishan, Qinghai, China	7/7/19	HO	2
Common Pheasant	<i>Phasianus colchicus</i>	Xining, Qinghai, China	7/5/19		6
<b>Ducks, Geese, Swans (Anatidae) - 6 / 174</b>					
Bar-headed Goose	<i>Anser indicus</i>	Heimahe, Qinghai, China	7/10/19		6
		Longbao NNR, Qinghai, China	7/15/19		10
Greylag Goose	<i>Anser anser</i>	Ruoqiang, Xinjiang, China	7/19/19		4
Ruddy Shelduck	<i>Tadorna ferruginea</i>	Heimahe, Qinghai, China	7/10/19		8
		Er La Pass, Qinghai, China	7/11/19		2
		Nangqian, Qinghai, China	7/13/19		1
		Nangqian, Qinghai, China	7/14/19		2
		Longbao NNR, Qinghai, China	7/15/19		8
		Qumalai, Qinghai, China	7/16/19		20
		Lhasa, Xizang, China	7/24/19		4
Red-crested Pochard	<i>Netta rufina</i>	Heimahe, Qinghai, China	7/10/19		6
		Longbao NNR, Qinghai, China	7/15/19		1
		Ruoqiang, Xinjiang, China	7/19/19		8
Ferruginous Duck	<i>Aythya nyroca</i>	Heimahe, Qinghai, China	7/10/19		4
		Longbao NNR, Qinghai, China	7/15/19		3
Common Merganser	<i>Mergus merganser</i>	Lhasa, Xizang, China	7/23/19		1
		Lhasa, Xizang, China	7/24/19		12
<b>Swifts (Apodidae) - 2 / 113</b>					
Common Swift	<i>Apus apus</i>	Xining, Qinghai, China	7/5/19		30
		Chaka, Qinghai, China	7/9/19		3
		Nangqian, Qinghai, China	7/14/19		2
		Huatugou, Qinghai, China	7/18/19		2
		Lhasa, Xizang, China	7/24/19		4
Salim Ali's Swift	<i>Apus salimalii</i>	Huzhu Beishan, Qinghai, China	7/5/19		6
		Huzhu Beishan, Qinghai, China	7/6/19		20
		Huzhu Beishan, Qinghai, China	7/7/19		4
		Nangqian, Qinghai, China	7/13/19		3
		Lhasa, Xizang, China	7/22/19		3
		Lhasa, Xizang, China	7/23/19		5
		Lhasa, Xizang, China	7/24/19		6
<b>Cuckoos (Cuculidae) - 1 / 149</b>					
Common Cuckoo	<i>Cuculus canorus</i>	Yushu, Qinghai, China	7/12/19		3
		Nangqian, Qinghai, China	7/13/19		3
		Lhasa, Xizang, China	7/23/19		2
		Lhasa, Xizang, China	7/24/19		3
<b>Sandgrouse (Pteroclididae) - 1 / 16</b>					
Pallas's Sandgrouse	<i>Syrrhaptes paradoxus</i>	Chaka, Qinghai, China	7/9/19		3
<b>Pigeons, Doves (Columbidae) - 3 / 345</b>					
Hill Pigeon	<i>Columba rupestris</i>	Xining, Qinghai, China	7/5/19		40
		Huzhu Beishan, Qinghai, China	7/7/19		4
		Chaka, Qinghai, China	7/8/19		5
		Chaka, Qinghai, China	7/9/19		13
		Yushu, Qinghai, China	7/12/19		8
		Nangqian, Qinghai, China	7/13/19		12
		Nangqian, Qinghai, China	7/14/19		4
		Longbao NNR, Qinghai, China	7/15/19		6
		Lhasa, Xizang, China	7/23/19		20

		Lhasa, Xizang, China	7/24/19		20
Oriental Turtle Dove	<i>Streptopelia orientalis</i>	Xining, Qinghai, China	7/5/19		3
		Ruoqiang, Xinjiang, China	7/20/19		4
		Lhasa, Xizang, China	7/22/19		4
		Lhasa, Xizang, China	7/23/19		30
		Lhasa, Xizang, China	7/24/19		30
Eurasian Collared Dove	<i>Streptopelia decaocto</i>	Ruoqiang, Xinjiang, China	7/19/19		2
		Ruoqiang, Xinjiang, China	7/20/19		3
<b>Rails, Crakes &amp; Coots (Rallidae) - 1 / 157</b>					
Eurasian Coot	<i>Fulica atra</i>	Heimahe, Qinghai, China	7/10/19		30
		Longbao NNR, Qinghai, China	7/15/19		4
		Ruoqiang, Xinjiang, China	7/19/19		30
<b>Cranes (Gruidae) - 1 / 15</b>					
Black-necked Crane - VU	<i>Grus nigricollis</i>	Heimahe, Qinghai, China	7/10/19		2
		Longbao NNR, Qinghai, China	7/15/19		8
		Qumalai, Qinghai, China	7/16/19		6
<b>Grebes (Podicipedidae) - 1 / 23</b>					
Great Crested Grebe	<i>Podiceps cristatus</i>	Heimahe, Qinghai, China	7/10/19		100
		Longbao NNR, Qinghai, China	7/15/19		6
		Ruoqiang, Xinjiang, China	7/19/19		40
<b>Ibisbill (Ibidorhynchidae) - 1 / 1</b>					
Ibisbill	<i>Ibidorhyncha struthersii</i>	Yushu, Qinghai, China	7/12/19	2 sightings	10
		Nangqian, Qinghai, China	7/13/19		3
<b>Stilts, Avocets (Recurvirostridae) - 1 / 10</b>					
Black-winged Stilt	<i>Himantopus himantopus</i>	Ruoqiang, Xinjiang, China	7/19/19		4
<b>Plovers (Charadriidae) - 2 / 67</b>					
Kentish Plover	<i>Charadrius alexandrinus</i>	Ruoqiang, Xinjiang, China	7/19/19		4
		Lhasa, Xizang, China	7/24/19		2
Lesser Sand Plover	<i>Charadrius mongolus</i>	Qumalai, Qinghai, China	7/16/19		30
		Qumalai, Qinghai, China	7/17/19		30
<b>Sandpipers, Snipes (Scolopacidae) - 3 / 96</b>					
Common Redshank	<i>Tringa totanus</i>	Heimahe, Qinghai, China	7/10/19		1
		Yushu, Qinghai, China	7/12/19		1
		Longbao NNR, Qinghai, China	7/15/19		2
		Lhasa, Xizang, China	7/24/19		2
Wood Sandpiper	<i>Tringa glareola</i>	Longbao NNR, Qinghai, China	7/15/19		1
Spotted Redshank	<i>Tringa erythropus</i>	Heimahe, Qinghai, China	7/10/19		1
<b>Gulls, Terns, Skimmers (Laridae) - 5 / 101</b>					
Brown-headed Gull	<i>Chroicocephalus brunnicephalus</i>	Heimahe, Qinghai, China	7/10/19		8
		Lhasa, Xizang, China	7/22/19		1
		Lhasa, Xizang, China	7/23/19		2
		Lhasa, Xizang, China	7/24/19		12
Black-headed Gull	<i>Chroicocephalus ridibundus</i>	Ruoqiang, Xinjiang, China	7/19/19		4
		Lhasa, Xizang, China	7/24/19		2
Pallas's Gull	<i>Ichthyaeetus ichthyaeetus</i>	Lhasa, Xizang, China	7/24/19	2 adults and a young one	3
Little Tern	<i>Sternula albifrons</i>	Ruoqiang, Xinjiang, China	7/19/19		5
Common Tern	<i>Sterna hirundo</i>	Heimahe, Qinghai, China	7/10/19		6
		Yushu, Qinghai, China	7/12/19		8
		Nangqian, Qinghai, China	7/13/19		1
		Nangqian, Qinghai, China	7/14/19		2
		Longbao NNR, Qinghai, China	7/15/19		2
		Qumalai, Qinghai, China	7/16/19		1
		Ruoqiang, Xinjiang, China	7/19/19		2
		Lhasa, Xizang, China	7/24/19		2
<b>Cormorants, Shags (Phalacrocoracidae) - 1 / 42</b>					
Great Cormorant	<i>Phalacrocorax carbo</i>	Heimahe, Qinghai, China	7/10/19		8
		Ruoqiang, Xinjiang, China	7/19/19		25
<b>Hérons, Bitterns (Ardeidae) - 2 / 72</b>					
Chinese Pond Heron	<i>Ardeola bacchus</i>	Longbao NNR, Qinghai, China	7/15/19		2
		Huatugou, Qinghai, China	7/18/19		1
Eastern Cattle Egret	<i>Bubulcus coromandus</i>	Yushu, Qinghai, China	7/12/19		3
		Longbao NNR, Qinghai, China	7/15/19		4
<b>Kites, Hawks, Eagles (Accipitridae) - 8 / 257</b>					
Bearded Vulture	<i>Gypaetus barbatus</i>	Chaka, Qinghai, China	7/8/19		2
		Er La Pass, Qinghai, China	7/11/19		2

		Nangqian, Qinghai, China	7/13/19		1
		Nangqian, Qinghai, China	7/14/19		2
		Longbao NNR, Qinghai, China	7/15/19		3
Himalayan Vulture	<i>Gyps himalayensis</i>	Huzhu Beishan, Qinghai, China	7/5/19		3
		Huzhu Beishan, Qinghai, China	7/7/19		3
		Chaka, Qinghai, China	7/8/19		4
		Chaka, Qinghai, China	7/9/19		3
		Er La Pass, Qinghai, China	7/11/19		3
		Yushu, Qinghai, China	7/12/19		5
		Nangqian, Qinghai, China	7/13/19		5
		Nangqian, Qinghai, China	7/14/19		4
		Longbao NNR, Qinghai, China	7/15/19		6
		Qumalai, Qinghai, China	7/16/19		1
Golden Eagle	<i>Aquila chrysaetos</i>	Lhasa, Xizang, China	7/23/19		1
Eurasian Sparrowhawk	<i>Accipiter nisus</i>	Huzhu Beishan, Qinghai, China	7/6/19		1
		Yushu, Qinghai, China	7/12/19		1
Northern Goshawk	<i>Accipiter gentilis</i>	Huzhu Beishan, Qinghai, China	7/6/19		1
Black Kite	<i>Milvus migrans</i>	Chaka, Qinghai, China	7/8/19		3
Upland Buzzard	<i>Buteo hemilasius</i>	Huzhu Beishan, Qinghai, China	7/6/19		1
		Chaka, Qinghai, China	7/8/19		1
		Longbao NNR, Qinghai, China	7/15/19		12
		Qumalai, Qinghai, China	7/16/19		8
		Lhasa, Xizang, China	7/24/19		1
Long-legged Buzzard	<i>Buteo rufinus</i>	Ruoqiang, Xinjiang, China	7/19/19		2
<b>Owls (Strigidae) - 2 / 229</b>					
Eurasian Eagle-Owl	<i>Bubo bubo</i>	Xining, Qinghai, China	7/5/19	1 adult 2 young ones	3
Little Owl	<i>Athene noctua</i>	Heimahe, Qinghai, China	7/10/19		2
<b>Hoopoes (Upupidae) - 1 / 4</b>					
Eurasian Hoopoe	<i>Upupa epops</i>	Xining, Qinghai, China	7/5/19		1
		Yushu, Qinghai, China	7/12/19		2
		Lhasa, Xizang, China	7/23/19		5
		Lhasa, Xizang, China	7/24/19		12
<b>Woodpeckers (Picidae) - 3 / 236</b>					
Great Spotted Woodpecker	<i>Dendrocopos major</i>	Xining, Qinghai, China	7/5/19		1
		Huzhu Beishan, Qinghai, China	7/5/19		1
		Huzhu Beishan, Qinghai, China	7/6/19		1
		Huzhu Beishan, Qinghai, China	7/7/19		3
Black Woodpecker	<i>Dryocopus martius</i>	Huzhu Beishan, Qinghai, China	7/7/19		2
		Nangqian, Qinghai, China	7/14/19	HO	1
Grey-headed Woodpecker	<i>Picus canus</i>	Nangqian, Qinghai, China	7/14/19	HO	1
<b>Caracaras, Falcons (Falconidae) - 2 / 66</b>					
Common Kestrel	<i>Falco tinnunculus</i>	Chaka, Qinghai, China	7/9/19	Female	1
		Yushu, Qinghai, China	7/12/19		1
		Lhasa, Xizang, China	7/24/19		2
Saker Falcon - EN	<i>Falco cherrug</i>	Er La Pass, Qinghai, China	7/11/19		1
		Qumalai, Qinghai, China	7/16/19	Often saw them on poles	15
<b>Old World Parrots (Psittaculidae) - 1 / 192</b>					
Lord Derby's Parakeet	<i>Psittacula derbiana</i>	Lhasa, Xizang, China	7/22/19		1
		Lhasa, Xizang, China	7/23/19		7
<b>Shrikes (Laniidae) - 2 / 33</b>					
Isabelline Shrike	<i>Lanius isabellinus</i>	Golmud, Qinghai, China	7/18/19		3
		Ruoqiang, Xinjiang, China	7/19/19		10
		Ruoqiang, Xinjiang, China	7/20/19		6
Grey-backed Shrike	<i>Lanius tephronotus</i>	Xining, Qinghai, China	7/5/19		1
		Huzhu Beishan, Qinghai, China	7/6/19		4
		Huzhu Beishan, Qinghai, China	7/7/19		4
		Nangqian, Qinghai, China	7/13/19		4
		Nangqian, Qinghai, China	7/14/19		2
		Lhasa, Xizang, China	7/22/19		1
		Lhasa, Xizang, China	7/24/19		5
<b>Crows, Jays (Corvidae) - 11 / 134</b>					
Eurasian Jay	<i>Garrulus glandarius</i>	Huzhu Beishan, Qinghai, China	7/6/19		3
		Huzhu Beishan, Qinghai, China	7/7/19		3
Azure-winged Magpie	<i>Cyanopica cyanus</i>	Huzhu Beishan, Qinghai, China	7/7/19		8
Black-rumped Magpie	<i>Pica bottanensis</i>	Xining, Qinghai, China	7/5/19		8
		Chaka, Qinghai, China	7/8/19		4
		Chaka, Qinghai, China	7/9/19		3
		Heimahe, Qinghai, China	7/10/19		4
		Nangqian, Qinghai, China	7/13/19		8

		Nangqian, Qinghai, China	7/14/19	5
		Lhasa, Xizang, China	7/22/19	2
		Lhasa, Xizang, China	7/23/19	8
		Lhasa, Xizang, China	7/24/19	8
Henderson's Ground Jay	<i>Podoces hendersoni</i>	Chaka, Qinghai, China	7/9/19	1
		Golmud, Qinghai, China	7/18/19	2
Biddulph's Ground Jay	<i>Podoces biddulphi</i>	Ruoqiang, Xinjiang, China	7/19/19	2
Red-billed Chough	<i>Pyrrhocorax pyrrhocorax</i>	Xining, Qinghai, China	7/5/19	40
		Huzhu Beishan, Qinghai, China	7/7/19	3
		Chaka, Qinghai, China	7/8/19	17
		Chaka, Qinghai, China	7/9/19	7
		Yushu, Qinghai, China	7/12/19	9
		Nangqian, Qinghai, China	7/13/19	12
		Nangqian, Qinghai, China	7/14/19	6
		Lhasa, Xizang, China	7/24/19	8
Alpine Chough	<i>Pyrrhocorax graculus</i>	Nangqian, Qinghai, China	7/13/19	2
Daurian Jackdaw	<i>Coloeus dauuricus</i>	Nangqian, Qinghai, China	7/14/19	6
Carrion Crow	<i>Corvus corone</i>	Ruoqiang, Xinjiang, China	7/19/19	10
Large-billed Crow	<i>Corvus macrorhynchos</i>	Xining, Qinghai, China	7/5/19	8
		Huzhu Beishan, Qinghai, China	7/6/19	3
		Huzhu Beishan, Qinghai, China	7/7/19	2
		Nangqian, Qinghai, China	7/13/19	6
		Nangqian, Qinghai, China	7/14/19	6
Northern Raven	<i>Corvus corax</i>	Yushu, Qinghai, China	7/12/19	2
		Longbao NNR, Qinghai, China	7/15/19	4
		Qumalai, Qinghai, China	7/16/19	4
		Golmud, Qinghai, China	7/18/19	3
<b>Tits, Chickadees (Paridae) - 5 / 64</b>				
Rufous-vented Tit	<i>Periparus rubidiventris</i>	Xining, Qinghai, China	7/5/19	1
Grey Crested Tit	<i>Lophophanes dichrous</i>	Nangqian, Qinghai, China	7/14/19	4
Sichuan Tit	<i>Poecile weigoldicus</i>	Xining, Qinghai, China	7/5/19	2
		Huzhu Beishan, Qinghai, China	7/6/19	7
		Huzhu Beishan, Qinghai, China	7/7/19	1
		Nangqian, Qinghai, China	7/13/19	1
		Nangqian, Qinghai, China	7/14/19	4
Ground Tit	<i>Pseudopodoces humilis</i>	Chaka, Qinghai, China	7/8/19	8
		Chaka, Qinghai, China	7/9/19	8
		Heimahe, Qinghai, China	7/10/19	8
		Yushu, Qinghai, China	7/12/19	11
		Longbao NNR, Qinghai, China	7/15/19	12
		Qumalai, Qinghai, China	7/16/19	12
Japanese Tit	<i>Parus minor</i>	Nangqian, Qinghai, China	7/13/19	2
		Lhasa, Xizang, China	7/22/19	1
		Lhasa, Xizang, China	7/24/19	4
<b>Bearded Reedling (Panuridae) - 1 / 1</b>				
Bearded Reedling	<i>Panurus biarmicus</i>	Heimahe, Qinghai, China	7/10/19	2
<b>Larks (Alaudidae) - 7 / 98</b>				
Oriental Skylark	<i>Alauda gulgula</i>	Chaka, Qinghai, China	7/8/19	7
		Chaka, Qinghai, China	7/9/19	100
		Heimahe, Qinghai, China	7/10/19	6
		Longbao NNR, Qinghai, China	7/15/19	16
Crested Lark	<i>Galerida cristata</i>	Gonghe, Qinghai, China	7/10/19	1
Horned Lark	<i>Eremophila alpestris</i>	Chaka, Qinghai, China	7/8/19	8
		Chaka, Qinghai, China	7/9/19	9
		Heimahe, Qinghai, China	7/10/19	4
		Er La Pass, Qinghai, China	7/11/19	6
		Longbao NNR, Qinghai, China	7/15/19	12
		Qumalai, Qinghai, China	7/16/19	14
Hume's Short-toed Lark	<i>Calandrella acutirostris</i>	Chaka, Qinghai, China	7/9/19	
Hume's/Greater Short-toed Lark	<i>Calandrella acutirostris/brachydactyla</i>	Heimahe, Qinghai, China	7/10/19	2
Mongolian Lark	<i>Melanocorypha mongolica</i>	Chaka, Qinghai, China	7/9/19	1
		Heimahe, Qinghai, China	7/10/19	2
Tibetan Lark	<i>Melanocorypha maxima</i>	Heimahe, Qinghai, China	7/10/19	12
		Er La Pass, Qinghai, China	7/11/19	2
Asian Short-toed Lark	<i>Alaudala cheleensis</i>	Qumalai, Qinghai, China	7/16/19	4
		Golmud, Qinghai, China	7/18/19	4
<b>Swallows, Martins (Hirundinidae) - 4 / 88</b>				
Pale Martin	<i>Riparia diluta</i>	Heimahe, Qinghai, China	7/10/19	8
		Longbao NNR, Qinghai, China	7/15/19	4
		Lhasa, Xizang, China	7/23/19	5
Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>	Xining, Qinghai, China	7/5/19	14
		Chaka, Qinghai, China	7/9/19	1

		Nangqian, Qinghai, China	7/13/19		1
		Nangqian, Qinghai, China	7/14/19		15
		Golmud, Qinghai, China	7/17/19		5
		Lhasa, Xizang, China	7/22/19		9
		Lhasa, Xizang, China	7/24/19		4
Asian House Martin	<i>Delichon dasypus</i>	Huzhu Beishan, Qinghai, China	7/6/19		3
		Nangqian, Qinghai, China	7/14/19		12
		Lhasa, Xizang, China	7/23/19		6
		Lhasa, Xizang, China	7/24/19		12
Red-rumped Swallow	<i>Cecropis daurica</i>	Yushu, Qinghai, China	7/12/19		2
<b>Bushtits (Aegithalidae) - 1 / 13</b>					
White-browed Tit-warbler	<i>Leptopoecile sophiae</i>	Huzhu Beishan, Qinghai, China	7/6/19		6
		Nangqian, Qinghai, China	7/13/19		1
		Lhasa, Xizang, China	7/24/19		2
<b>Leaf Warblers &amp; Allies (Phylloscopidae) - 10 / 80</b>					
Buff-barred Warbler	<i>Phylloscopus pulcher</i>	Huzhu Beishan, Qinghai, China	7/6/19	HO	1
Hume's Leaf Warbler	<i>Phylloscopus humei</i>	Xining, Qinghai, China	7/5/19		1
		Huzhu Beishan, Qinghai, China	7/6/19		3
		Huzhu Beishan, Qinghai, China	7/7/19		2
		Nangqian, Qinghai, China	7/14/19		2
		Huatugou, Qinghai, China	7/21/19		1
Chinese Leaf Warbler	<i>Phylloscopus yunnanensis</i>	Huzhu Beishan, Qinghai, China	7/7/19		4
Sichuan Leaf Warbler	<i>Phylloscopus forresti</i>	Nangqian, Qinghai, China	7/14/19		3
Gansu Leaf Warbler	<i>Phylloscopus kansuensis</i>	Xining, Qinghai, China	7/5/19		6
		Huzhu Beishan, Qinghai, China	7/6/19		3
		Huzhu Beishan, Qinghai, China	7/7/19		2
Yellow-streaked Warbler	<i>Phylloscopus armandii</i>	Xining, Qinghai, China	7/5/19		1
		Huzhu Beishan, Qinghai, China	7/6/19		7
		Huzhu Beishan, Qinghai, China	7/7/19		2
		Yushu, Qinghai, China	7/12/19	HO	1
		Nangqian, Qinghai, China	7/13/19	HO	5
		Nangqian, Qinghai, China	7/14/19	HO	1
Alpine Leaf Warbler	<i>Phylloscopus occisinesis</i>	Huzhu Beishan, Qinghai, China	7/5/19		1
		Huzhu Beishan, Qinghai, China	7/6/19		5
		Chaka, Qinghai, China	7/8/19		1
		Heimahe, Qinghai, China	7/10/19		6
		Nangqian, Qinghai, China	7/13/19		18
		Lhasa, Xizang, China	7/22/19		6
		Lhasa, Xizang, China	7/24/19		22
Smoky Warbler	<i>Phylloscopus fuligiventer</i>	Heimahe, Qinghai, China	7/10/19		4
Mountain/Common Chiffchaff	<i>Phylloscopus sindianus/collybita</i>	Golmud, Qinghai, China	7/17/19	One in the desert whitethroat place	1
		Huatugou, Qinghai, China	7/18/19	One on bushes	1
Greenish Warbler	<i>Phylloscopus trochiloides</i>	Xining, Qinghai, China	7/5/19		1
		Huzhu Beishan, Qinghai, China	7/6/19		2
		Huzhu Beishan, Qinghai, China	7/7/19		2
		Nangqian, Qinghai, China	7/14/19		2
Large-billed Leaf Warbler	<i>Phylloscopus magnirostris</i>	Huzhu Beishan, Qinghai, China	7/6/19		1
		Huzhu Beishan, Qinghai, China	7/7/19		2
<b>Grassbirds &amp; Allies (Locustellidae) - 1 / 64</b>					
Spotted Bush Warbler	<i>Locustella thoracica</i>	Huzhu Beishan, Qinghai, China	7/5/19		1
		Huzhu Beishan, Qinghai, China	7/6/19		2
<b>Laughingthrushes &amp; Allies (Leiothrichidae) - 6 / 135</b>					
Elliot's Laughingthrush	<i>Trochalopteron elliotii</i>	Xining, Qinghai, China	7/5/19		1
		Huzhu Beishan, Qinghai, China	7/6/19		2
		Nangqian, Qinghai, China	7/13/19		3
		Nangqian, Qinghai, China	7/14/19		4
Brown-cheeked Laughingthrush	<i>Trochalopteron henrici</i>	Lhasa, Xizang, China	7/23/19		10
		Lhasa, Xizang, China	7/24/19		22
Giant Laughingthrush	<i>Ianthocincla maxima</i>	Nangqian, Qinghai, China	7/14/19		1
Plain Laughingthrush	<i>Pterorhinus davidi</i>	Huzhu Beishan, Qinghai, China	7/6/19		2
		Huzhu Beishan, Qinghai, China	7/7/19		2
		Yushu, Qinghai, China	7/12/19		1
		Lhasa, Xizang, China	7/23/19		2
Giant Babax	<i>Pterorhinus waddelli</i>	Lhasa, Xizang, China	7/23/19	HO	1
		Lhasa, Xizang, China	7/24/19		13
Tibetan Babax	<i>Pterorhinus koslowi</i>	Nangqian, Qinghai, China	7/13/19		4
		Nangqian, Qinghai, China	7/14/19		1
<b>Sylviid Babbler (Sylviidae) - 3 / 70</b>					
Barred Warbler	<i>Sylvia nisoria</i>	Ruoqiang, Xinjiang, China	7/20/19		4
Desert Whitethroat	<i>Sylvia minula</i>	Golmud, Qinghai, China	7/17/19		5
		Golmud, Qinghai, China	7/18/19		2

		Huatugou, Qinghai, China	7/18/19		1
		Ruoqiang, Xinjiang, China	7/20/19		4
Tarim Babbler	<i>Rhopophilus albosuperciliaris</i>	Ruoqiang, Xinjiang, China	7/20/19		6
<b>Goldcrests, Kinglets (Regulidae) - 1 / 6</b>					
Goldcrest	<i>Regulus regulus</i>	Xining, Qinghai, China	7/5/19		1
<b>Wrens (Troglodytidae) - 1 / 89</b>					
Eurasian Wren	<i>Troglodytes troglodytes</i>	Nangqian, Qinghai, China	7/14/19	HO	1
<b>Nuthatches (Sittidae) - 2 / 28</b>					
Chinese Nuthatch	<i>Sitta villosa</i>	Xining, Qinghai, China	7/5/19		3
Przevalski's Nuthatch	<i>Sitta przewalskii</i>	Xining, Qinghai, China	7/5/19		1
<b>Wallcreeper (Tichodromidae) - 1 / 1</b>					
Wallcreeper	<i>Tichodroma muraria</i>	Lhasa, Xizang, China	7/23/19		1
		Lhasa, Xizang, China	7/24/19		2
<b>Treecreepers (Certhiidae) - 1 / 11</b>					
Eurasian Treecreeper	<i>Certhia familiaris</i>	Huatugou, Qinghai, China	7/18/19		50
<b>Thrushes (Turdidae) - 4 / 172</b>					
Tibetan Blackbird	<i>Turdus maximus</i>	Lhasa, Xizang, China	7/22/19		2
		Lhasa, Xizang, China	7/23/19		3
		Lhasa, Xizang, China	7/24/19		4
Chestnut Thrush	<i>Turdus rubrocanus</i>	Xining, Qinghai, China	7/5/19		2
		Huzhu Beishan, Qinghai, China	7/5/19		2
		Huzhu Beishan, Qinghai, China	7/6/19		4
		Huzhu Beishan, Qinghai, China	7/7/19		4
		Nangqian, Qinghai, China	7/14/19	HO	1
Kessler's Thrush	<i>Turdus kessleri</i>	Chaka, Qinghai, China	7/8/19		4
		Chaka, Qinghai, China	7/9/19		1
		Heimahe, Qinghai, China	7/10/19		6
		Yushu, Qinghai, China	7/12/19		6
		Nangqian, Qinghai, China	7/13/19		12
		Nangqian, Qinghai, China	7/14/19		5
		Qumalai, Qinghai, China	7/16/19		2
Chinese Thrush	<i>Turdus mupinensis</i>	Xining, Qinghai, China	7/5/19	Perched on tree	1
		Huzhu Beishan, Qinghai, China	7/6/19	Two spotted on the trail	2
<b>Chats, Old World Flycatchers (Muscicapidae) - 17 / 332</b>					
Dark-sided Flycatcher	<i>Muscicapa sibirica</i>	Nangqian, Qinghai, China	7/14/19		4
White-bellied Redstart	<i>Luscinia phaenicuroides</i>	Huzhu Beishan, Qinghai, China	7/5/19	HO	1
		Huzhu Beishan, Qinghai, China	7/6/19		2
		Huzhu Beishan, Qinghai, China	7/7/19		1
		Lhasa, Xizang, China	7/24/19		1
Chinese Rubythroat	<i>Calliope tschebaiewi</i>	Nangqian, Qinghai, China	7/13/19		1
Siberian Rubythroat	<i>Calliope calliope</i>	Xining, Qinghai, China	7/5/19		2
		Huzhu Beishan, Qinghai, China	7/6/19		3
		Huzhu Beishan, Qinghai, China	7/7/19		1
Himalayan Bluetail	<i>Tarsiger rufilatus</i>	Xining, Qinghai, China	7/5/19		2
		Huzhu Beishan, Qinghai, China	7/6/19	HO	1
		Huzhu Beishan, Qinghai, China	7/7/19		1
Slaty-backed Flycatcher	<i>Ficedula hodgsonii</i>	Xining, Qinghai, China	7/5/19	HO	1
		Huzhu Beishan, Qinghai, China	7/7/19		1
		Nangqian, Qinghai, China	7/14/19		4
Przevalski's Redstart	<i>Phoenicurus alaschanicus</i>	Chaka, Qinghai, China	7/8/19		1
Black Redstart	<i>Phoenicurus ochruros</i>	Xining, Qinghai, China	7/5/19		5
		Chaka, Qinghai, China	7/8/19		5
		Chaka, Qinghai, China	7/9/19		5
		Heimahe, Qinghai, China	7/10/19		6
		Er La Pass, Qinghai, China	7/11/19		4
		Yushu, Qinghai, China	7/12/19		4
		Nangqian, Qinghai, China	7/13/19		2
		Longbao NNR, Qinghai, China	7/15/19		8
		Golmud, Qinghai, China	7/17/19		3
Hodgson's Redstart	<i>Phoenicurus hodgsoni</i>	Xining, Qinghai, China	7/5/19		3
		Huzhu Beishan, Qinghai, China	7/5/19		2
		Yushu, Qinghai, China	7/12/19		1
		Nangqian, Qinghai, China	7/13/19		1
		Nangqian, Qinghai, China	7/14/19		5
		Lhasa, Xizang, China	7/23/19		5
		Lhasa, Xizang, China	7/24/19		5
White-throated Redstart	<i>Phoenicurus schisticeps</i>	Huzhu Beishan, Qinghai, China	7/6/19		3
		Chaka, Qinghai, China	7/8/19		7
		Nangqian, Qinghai, China	7/14/19		3

		Lhasa, Xizang, China	7/24/19	3
Güldenstädt's Redstart	<i>Phoenicurus erythrogastrus</i>	Er La Pass, Qinghai, China	7/11/19	4
Blue-fronted Redstart	<i>Phoenicurus frontalis</i>	Huzhu Beishan, Qinghai, China	7/6/19	2
		Chaka, Qinghai, China	7/8/19	4
		Heimahe, Qinghai, China	7/10/19	4
		Nangqian, Qinghai, China	7/14/19	1
White-capped Redstart	<i>Phoenicurus leucocephalus</i>	Huzhu Beishan, Qinghai, China	7/5/19	1
		Huzhu Beishan, Qinghai, China	7/6/19	1
		Huzhu Beishan, Qinghai, China	7/7/19	2
		Nangqian, Qinghai, China	7/13/19	1
		Nangqian, Qinghai, China	7/14/19	5
Common Rock Thrush	<i>Monticola saxatilis</i>	Xining, Qinghai, China	7/5/19	1
Siberian/Stejneger's Stonechat	<i>Saxicola maurus/stejnegeri</i>	Lhasa, Xizang, China	7/24/19	1
Isabelline Wheatear	<i>Oenanthe isabellina</i>	Chaka, Qinghai, China	7/8/19	1
		Chaka, Qinghai, China	7/9/19	4
Desert Wheatear	<i>Oenanthe deserti</i>	Chaka, Qinghai, China	7/9/19	6
		Golmud, Qinghai, China	7/18/19	2
Pied Wheatear	<i>Oenanthe pleschanka</i>	Xining, Qinghai, China	7/5/19	5
<b>Dippers (Cinclidae) - 1 / 5</b>				
White-throated Dipper	<i>Cinclus cinclus</i>	Nangqian, Qinghai, China	7/14/19	3
<b>Old World Sparrows, Snowfinches (Passeridae) - 9 / 43</b>				
Saxaul Sparrow	<i>Passer ammodendri</i>	Ruoqiang, Xinjiang, China	7/19/19	20
		Ruoqiang, Xinjiang, China	7/20/19	30
Eurasian Tree Sparrow	<i>Passer montanus</i>	Xining, Qinghai, China	7/5/19	20
		Chaka, Qinghai, China	7/8/19	8
		Chaka, Qinghai, China	7/9/19	9
		Heimahe, Qinghai, China	7/10/19	8
		Yushu, Qinghai, China	7/12/19	8
		Nangqian, Qinghai, China	7/13/19	4
		Longbao NNR, Qinghai, China	7/15/19	4
		Golmud, Qinghai, China	7/17/19	7
		Ruoqiang, Xinjiang, China	7/20/19	30
		Huatugou, Qinghai, China	7/21/19	30
		Lhasa, Xizang, China	7/22/19	9
		Lhasa, Xizang, China	7/23/19	30
		Lhasa, Xizang, China	7/24/19	30
Rock Sparrow	<i>Petronia petronia</i>	Chaka, Qinghai, China	7/8/19	6
		Chaka, Qinghai, China	7/9/19	7
		Heimahe, Qinghai, China	7/10/19	4
		Gonghe, Qinghai, China	7/10/19	2
		Yushu, Qinghai, China	7/12/19	8
White-winged Snowfinch	<i>Montifringilla nivalis</i>	Er La Pass, Qinghai, China	7/11/19	8
Black-winged Snowfinch	<i>Montifringilla adamsi</i>	Yushu, Qinghai, China	7/12/19	6
White-rumped Snowfinch	<i>Onychostruthus taczanowskii</i>	Heimahe, Qinghai, China	7/10/19	4
		Er La Pass, Qinghai, China	7/11/19	14
		Longbao NNR, Qinghai, China	7/15/19	12
		Qumalai, Qinghai, China	7/16/19	8
Pere David's Snowfinch	<i>Pyrgilauda davidiana</i>	Heimahe, Qinghai, China	7/10/19	4
Rufous-necked Snowfinch	<i>Pyrgilauda ruficollis</i>	Heimahe, Qinghai, China	7/10/19	6
		Er La Pass, Qinghai, China	7/11/19	12
		Yushu, Qinghai, China	7/12/19	4
		Longbao NNR, Qinghai, China	7/15/19	14
		Qumalai, Qinghai, China	7/16/19	8
Blanford's Snowfinch	<i>Pyrgilauda blanfordi</i>	Chaka, Qinghai, China	7/9/19	5
<b>Accentors (Prunellidae) - 3 / 13</b>				
Robin Accentor	<i>Prunella rubeculoides</i>	Heimahe, Qinghai, China	7/10/19	2
		Longbao NNR, Qinghai, China	7/15/19	4
Rufous-breasted Accentor	<i>Prunella strophiata</i>	Xining, Qinghai, China	7/5/19	4
		Huzhu Beishan, Qinghai, China	7/6/19	4
		Nangqian, Qinghai, China	7/14/19	2
Brown Accentor	<i>Prunella fulvescens</i>	Chaka, Qinghai, China	7/8/19	6
		Chaka, Qinghai, China	7/9/19	5
		Heimahe, Qinghai, China	7/10/19	6
		Lhasa, Xizang, China	7/23/19	4
		Lhasa, Xizang, China	7/24/19	4
<b>Wagtails, Pipits (Motacillidae) - 5 / 69</b>				
Western Yellow Wagtail	<i>Motacilla flava</i>	Yushu, Qinghai, China	7/12/19	1
Citrine Wagtail	<i>Motacilla citreola</i>	Chaka, Qinghai, China	7/9/19	1
		Golmud, Qinghai, China	7/17/19	1
		Huatugou, Qinghai, China	7/18/19	3
		Huatugou, Qinghai, China	7/21/19	2
White Wagtail	<i>Motacilla alba</i>	Xining, Qinghai, China	7/5/19	3



		Huzhu Beishan, Qinghai, China	7/6/19	2
		Chaka, Qinghai, China	7/9/19	4
		Heimahe, Qinghai, China	7/10/19	2
		Yushu, Qinghai, China	7/12/19	4
		Nangqian, Qinghai, China	7/14/19	4
		Longbao NNR, Qinghai, China	7/15/19	4
		Golmud, Qinghai, China	7/18/19	3
		Huatugou, Qinghai, China	7/18/19	8
		Lhasa, Xizang, China	7/23/19	3
		Lhasa, Xizang, China	7/24/19	2
Olive-backed Pipit	<i>Anthus hodgsoni</i>	Huzhu Beishan, Qinghai, China	7/6/19	2
		Nangqian, Qinghai, China	7/13/19	1
Rosy Pipit	<i>Anthus roseatus</i>	Nangqian, Qinghai, China	7/13/19	2
<b>Przevalski's Finch (Urocynchramidae) - 1 / 1</b>				
Przevalski's Finch	<i>Urocynchramus pylzowi</i>	Heimahe, Qinghai, China	7/10/19	3
<b>Finches, Euphonias (Fringillidae) - 16 / 228</b>				
White-winged Grosbeak	<i>Mycerobas carripes</i>	Huzhu Beishan, Qinghai, China	7/6/19	4
		Chaka, Qinghai, China	7/8/19	7
		Nangqian, Qinghai, China	7/14/19	1
Grey-headed Bullfinch	<i>Pyrrhula erythaca</i>	Xining, Qinghai, China	7/5/19	6
		Huzhu Beishan, Qinghai, China	7/6/19	8
		Huzhu Beishan, Qinghai, China	7/7/19	4
Mongolian Finch	<i>Bucanetes mongolicus</i>	Chaka, Qinghai, China	7/9/19	3
Plain Mountain Finch	<i>Leucosticte nemoricola</i>	Er La Pass, Qinghai, China	7/11/19	16
		Nangqian, Qinghai, China	7/13/19	4
Brandt's Mountain Finch	<i>Leucosticte brandti</i>	Er La Pass, Qinghai, China	7/11/19	7
Common Rosefinch	<i>Carpodacus erythrinus</i>	Huzhu Beishan, Qinghai, China	7/6/19	1
		Yushu, Qinghai, China	7/12/19	2
		Nangqian, Qinghai, China	7/13/19	1
		Nangqian, Qinghai, China	7/14/19	6
Streaked Rosefinch	<i>Carpodacus rubicilloides</i>	Huzhu Beishan, Qinghai, China	7/6/19	4
		Nangqian, Qinghai, China	7/13/19	3
		Lhasa, Xizang, China	7/23/19	5
		Lhasa, Xizang, China	7/24/19	9
Great Rosefinch	<i>Carpodacus rubicilla</i>	Yushu, Qinghai, China	7/12/19	3
Himalayan Beautiful Rosefinch	<i>Carpodacus pulcherrimus</i>	Huzhu Beishan, Qinghai, China	7/6/19	2
		Yushu, Qinghai, China	7/12/19	2
		Nangqian, Qinghai, China	7/14/19	4
Pink-rumped Rosefinch	<i>Carpodacus waltoni</i>	Nangqian, Qinghai, China	7/13/19	3
		Lhasa, Xizang, China	7/23/19	8
		Lhasa, Xizang, China	7/24/19	40
Pale Rosefinch	<i>Carpodacus stoliczkae</i>	Xining, Qinghai, China	7/5/19	2
Tibetan Rosefinch	<i>Carpodacus roborowskii</i>	Er La Pass, Qinghai, China	7/11/19	6
Chinese White-browed Rosefinch	<i>Carpodacus dubius</i>	Xining, Qinghai, China	7/5/19	2
		Huzhu Beishan, Qinghai, China	7/6/19	4
		Chaka, Qinghai, China	7/8/19	4
		Nangqian, Qinghai, China	7/14/19	2
Red-fronted Rosefinch	<i>Carpodacus puniceus</i>	Nangqian, Qinghai, China	7/13/19	1
Grey-capped Greenfinch	<i>Chloris sinica</i>	Xining, Qinghai, China	7/5/19	4
Twite	<i>Linaria flavirostris</i>	Huzhu Beishan, Qinghai, China	7/5/19	6
		Huzhu Beishan, Qinghai, China	7/6/19	1
		Chaka, Qinghai, China	7/8/19	4
		Chaka, Qinghai, China	7/9/19	8
		Heimahe, Qinghai, China	7/10/19	8
		Yushu, Qinghai, China	7/12/19	4
		Huatugou, Qinghai, China	7/18/19	2
<b>Buntings (Emberizidae) - 4 / 44</b>				
Pine Bunting	<i>Emberiza leucocephalos</i>	Chaka, Qinghai, China	7/8/19	1
		Chaka, Qinghai, China	7/9/19	4
		Gonghe, Qinghai, China	7/10/19	2
Godlewski's Bunting	<i>Emberiza godlewskii</i>	Xining, Qinghai, China	7/5/19	4
		Chaka, Qinghai, China	7/9/19	3
		Nangqian, Qinghai, China	7/13/19	2
		Lhasa, Xizang, China	7/24/19	3
Meadow Bunting	<i>Emberiza cioides</i>	Xining, Qinghai, China	7/5/19	2
		Gonghe, Qinghai, China	7/10/19	1
Tibetan Bunting	<i>Emberiza koslowi</i>	Nangqian, Qinghai, China	7/13/19	2
<b>HO means : heard only</b>				
<b>Species: 177</b>				
<b>Lifers: 57</b>				
<b>Total sightings: 507</b>				
IOC World Bird List 9.2 (June 2019)				